

Programme	ADP Home Economics	Course Code	HEHF-204L	Credit Hours	1(0+1)
Course Title	FAMILY AND COMMUNITY DEVELOPMENT (LAB)				
Course Introduction					
Students will be able to understand the individual and family development dynamics within families, and interaction between the families and larger social context. They will be able to gain the thorough understanding of community development combined with the practical work					
Learning Outcomes					
Students will be able to:					
1. Analyze the social, psychological and economic factors influencing family structures.					
2. Evaluate community development strategies for improving family well-being.					
3. Design and implement programs to enhance family and community resilience.					
Course Content			Assignments/Readings		
Week 1	Social & Psychological Factors Influencing Family Structures Introduction to family structures and systems Psychological perspectives on family roles and relationships Developmental stages and family life cycle		Class discussion		
Week 2	Psychological perspectives on family roles and relationships Developmental stages and family life cycle		Class Discussion		
Week 3	Economic Factors Influencing Family Structures Economic influences on family decision-making		Debate traditional vs. modern family structures. Write a one-paragraph reflection on the strongest point from each side.		
Week 4	Continuation: Family Functions, Types, and Changes Changing family roles: technology and work-life balance		Write one page about changes your family or community has experienced over time. (Start thinking of problems to study.		
Week 5	Family transformation over generations Identifying family/community problems for study Class Discussion		Assignment of 5 marks: Make a list of at least 5 important points discussed in class.		
Week 6	Urban Communities: Functions and Types Understanding community and its characteristics		Compare rural and urban community & challenges for families		
Week 7	Social Change and Its Impact on Families Social change over 50 years: urbanization and gender shifts		Create a simple timeline of social changes affecting families in the last 50 years. (Link to your chosen topic/problem.		
Week 8	Timeline activity on family and social changes Linking research topics to community transformation		Create a simple timeline of social changes affecting families in the last 50 years. (Link to your chosen topic/problem.		
Week 9	Mid Term				
Week 10	Community Development: Meaning and Principles Meaning and principles of community development		Assignment of 10 marks to be submitted in week 11: Find one article about family or community development. Summarize key findings. Add to your report background.		
Week 11	Community Development: Methods and Types Methods of community development Types of community interventions and mapping Simulation: community meeting on identified problem		In small groups, simulate a community meeting to address your identified problem. Brainstorm possible interventions.		
Week 12	Selection of the problem		Submit the first draft of your report: introduction, identified problem, and background. Instructor provides feedback		

Week 13	Project Application and Evaluation Applying evaluation to real-life examples	Apply your evaluation to a real-life example. Use insights to strengthen your report's solution
Week 14	Solution Implementation and Evaluation Implementing solution models	Prepare a plan for a small awareness event or seminar related to your report. Include audience, key messages, and expected outcomes. section.
Week 15	Solution Implementation and Evaluation Implementing solution models	Apply your evaluation to a real-life example. Use insights to strengthen your report's solution
Week 16	Solution Implementation and Evaluation Implementing solution models	Prepare a plan for a small awareness event or seminar related to your report. Include audience, key messages, and expected outcomes. section.
Week 17	Submission	Submit final report (problem + solution + awareness plan) and write a short reflection on what you learned
Week 18	Final Term Exam	
Textbooks and Reading Material		
<ol style="list-style-type: none"> 1. Widmer, J. (Ed.). (2016). Supporting Family and Community Investments in Young Children Globally: Summary of a Joint Workshop by the National Academies of Sciences, Engineering, and Medicine and the Ethiopian Academy of Sciences. National Academies Press. 2. Rubin and Rubin (2007). Community Organizing and Development. 4th Edition. Allyn & Bacon. 3. Brown, J. B. (2007) Building Powerful Community Organizations: A Personal Guide To Creating Groups That Can Solve Problems and Change the World. Allyn & Bacon. 4. Phillips and Pittman (2009). An Introduction to Community Development. Routledge. 5. Community (Cambridge Studies in Population, Economy and Society in Past Time); Cambridge University Press; New Edition (2002) 6. Dr. Mazhar U. Kazi (2002). Family & Social Obligations in Islam; Cambridge University Press. 7. Rubin, H. J., & Rubin, I. S. (2007). Community Organizing and Development (4th ed.). Allyn & Bacon. 8. Brown, J. B. (2007). Building Powerful Community Organizations: A Personal Guide to Creating Groups That Can Solve Problems and Change the World. Allyn & Bacon. 9. Phillips, R., & Pittman, R. (2009). An Introduction to Community Development. Routledge. 10. Cambridge University Press. (2002). Community (Cambridge Studies in Population, Economy and Society). 11. Kazi, M. U. (2002). Family & Social Obligations in Islam. Cambridge University Press. 		
Teaching Learning Strategies		
Lecture-based learning through lectures and presentations. Technology-based learning -use of Multimedia etc.		
Group learning through group assignments and discussion.		
Assignments: Types and Number with Calendar		
<ol style="list-style-type: none"> 1. Assignment of 5 marks Week 5: Make a list of at least 5 important points discussed in class. 2. Assignment of 10 marks to be submitted in week 11: Find one article about family or community development. Summarize key findings. Add to your report background 		